

SECONDARY MENU

WEEK 1 Autumn / Winter 2015- 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chilli Con Carne Margherita Pizza Jacket special	Cottage Pie Chicken Wraps Jacket special	Baguette Bar Sausages Tomato & Basil Pasta Jacket special	Chicken Fillet & Vegetable samosa and Curry sauce Jacket special	Fishfingers Chicken Tikka Jacket special
Carbohydrates	Potato Wedges Rice Crusty Roll	Sauté Potatoes Jacket Potato Garlic Bread	Creamed potatoes Potato Wedges Garlic bread	Creamed Potatoes Jacket Potato Rice	Chips Rice / Naan Bread Pasta
Vegetables / Salad	Baked Beans Sweetcorn Garden Peas Salad Selection	Broccoli Swede Carrots Salad Selection	Mixed vegetables Broccoli Sweetcorn Salad Selection	Carrots Cauliflower Green Beans Salad Selection	Green Beans Sweetcorn Garden Peas Salad Selection
Desserts	Steamed Syrup Sponge Custard Chocolate Crackle	Chocolate Oat Delight Chocolate sauce Fruity rock cakes	Steamed Marble Sponge Custard Strawberry Mousse	Chocolate Sponge Custard Cherry scones	Eve's Pudding Custard Oaty cookies

WEEK 2 Autumn / Winter 2015 - 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken Curry 'Veggie' Chilli Jacket special	Burger in a Bun Cheese and Bacon Pasta Jacket special	Chicken Pasta Bake Vegetable topped Pizza Jacket special	Roast Ham & Yorkshire Pudding Penne Arrabiatta Jacket special	Fillet of Fish Vegetable Burger in a Bun Jacket special
Carbohydrates	Rice / Naan Bread Jacket Potato Crusty Roll	Potato Wedges Granary Roll Jacket Potato	Crusty Roll Creamed Potatoes Potato Wedges	Roast Potatoes Creamed Potatoes Jacket Potato	Chips Noodles Rice
Vegetables / Salad	Sweetcorn Garden Peas Carrots Salad Selection	Baked Beans Mixed Vegetables Broccoli Coleslaw - Salad Selection	Sweetcorn Carrot Green Beans Salad Selection	Carrots Cauliflower Broccoli Salad Selection	Sweetcorn Garden peas Green Beans Salad Selection
Desserts	Chocolate Crunch custard Raspberry Buns	Apple Flapjack Custard Coconut Shortcake	Chocolate Crackle Custard Cherry Scones	Chocolate Oat Delight Custard Rice pudding	Iced Sponge Custard Coconut cookies

WEEK 3 Autumn / Winter 2015 - 2016

	Monday	Tuesday;	Wednesday	Thursday	Friday
Main Course	Meatballs in Tomato Sauce Ham & Pineapple Pizza Jacket special	Roast Pork & Sage & onion stuffing Chilli Fajitas Jacket special	Baguette bar 'Italian Style' Chicken Fillet Vegetable Samosa & Curry Sauce Jacket special	Chicken Pie 'Veggie' Toad in the hole Jacket special	Fishcake Ham & Broccoli Pasta Bake Jacket special
Carbohydrates	Rice Potato Wedges Pasta	Roast Potatoes Creamed potatoes Rice	Pasta / Garlic Bread Potato Wedges Rice	Oven Roast Potatoes Creamed Potato Jacket Potato	Chunky Chips Granary Roll
Vegetables / Salad	Baked Beans Sweetcorn Garden Peas Coleslaw - Salad Selection	Carrots Broccoli Green Beans Salad Selection	Sweetcorn Garden Peas Mixed Veg Salad Selection	Green Beans Cauliflower Carrots Salad Selection	Garden Peas Sweetcorn Broccoli Salad Selection
Desserts	Pineapple Upside Down Custard Shortcake cookies	Jam Roly Poly Custard Chocolate Crackle	Lemon Love Cake Custard Sultana Scone	Fruit Crumble Custard Chocolate Brownie	Marble Sponge Custard Fruity rock cakes